

# First Office Visit Planner

*My partner, friend, or family member was recently diagnosed*

Appt. Date: \_\_\_\_\_ Location: \_\_\_\_\_  
Appt. Time: \_\_\_\_\_ Doctor: \_\_\_\_\_

## My Visit Checklist

- Can audio of the visit be recorded?
- Be prepared to take notes
- Discuss the visit on the way home
- Confirm access to the patient portal

Note symptoms or side effects for discussion (issues with appetite, sleep, etc.)

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## Questions to Ask the Doctor

What stage of colon cancer has been diagnosed, and what does that mean? \_\_\_\_\_

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Is there additional diagnostic or biomarker testing that would be beneficial? \_\_\_\_\_

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What are the available treatment options? \_\_\_\_\_

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Is surgery a consideration as part of the treatment plan? \_\_\_\_\_

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What are the pros/cons of each treatment option? \_\_\_\_\_

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Are there clinical trial options that might be appropriate? \_\_\_\_\_

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Are there activities that my partner should avoid? What can they continue to do? \_\_\_\_\_

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What should we expect financially, and are there resources to help? \_\_\_\_\_

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What is the best way to reach you or your staff if I/we have questions? \_\_\_\_\_

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