Follow-Up Visit Planner
My partner, friend, or family member was recently diagnosed

Appt. Date: __________ Location: __________________________
Appt. Time: __________ Doctor: ____________________________

Note symptoms or side effects for discussion (issues with appetite, sleep, etc.)

Questions to Ask the Doctor

Can you tell me more about the treatment plan?

What are the common side effects and/or complications with this treatment?

Are there specific drug interactions I should be considering (foods to avoid, etc.)?

What is the treatment schedule and/or frequency of office visits?

Are there any dietary changes that would be beneficial?

Is there a support staff member that I can meet with (patient navigator, social worker)?

Questions for Support Staff

What costs can we expect?

How can we reduce costs?

What support resources do you recommend (support groups, online resources)?

Additional questions/comments/concerns

My Visit Checklist
- Can you record the audio of the visit?
- Bring supplies to take notes
- Confirm access to patient portal
- Discuss the visit on the way home
- Pamphlets or other printed disease info