

WHAT SHOULD PATIENTS KNOW ABOUT DLBCL TREATMENT AND RESEARCH?

Program Resource Guide

Common Symptoms of DLBCL Include:	DLBCL Resources
<p>Cyclical fevers Enlarged or painful lymph nodes Fatigue Night sweats Shortness of breath Unintentional weight loss</p>	<p>CancerGRACE: cancergrace.org Cancer Support Community: cancersupportcommunity.org The Leukemia & Lymphoma Society (LLS): LLS.org Lymphoma Research Foundation: lymphoma.org Clinical Trials: clinicaltrials.gov</p>

How Can You Be Empowered in Your DLBCL Care?

- Educate yourself about DLBCL.
- Consider a second opinion or consult with a DLBCL specialist.
- Write down your questions before and during your appointments.
- Understand the goals of treatment and ask whether a clinical trial might be right for you.
- Bring a friend or loved one to your appointments to help you recall information.
- Don't hesitate to ask questions and to share your concerns. You are your own best advocate.

Glossary Terms

B Cells: Part of a person's immune system that develops from stem cells in the bone marrow.

Bispecific Antibodies: Antibodies that bind to two different antigens at the same time. These antibodies are being studied in the treatment of cancer.

CAR (Chimeric Antigen Receptor) T-Cell Therapy: Treatment in which the T cells (a type of immune system cell) of a patient are laboratory-altered to attack cancer cells in the body.

Immunotherapy: Type of therapy that harnesses one's own immune system to help the body fight cancer, infection, and other diseases.

Lymphocyte: A type of white blood cell that is part of the immune system.

R-CHOP: A treatment regimen that includes rituximab, cyclophosphamide, doxorubicin hydrochloride, vincristine sulfate, and prednisone.

Relapsed Disease: The disease or symptoms have returned following a period of remission.

Targeted Therapy: A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

MORE TOOLS FOR EMPOWERMENT

- [Digitally Empowered™](#)
- [PEN-Powered Activity Guide](#)
- [Empowered Blog](#)
- [Empowered! Podcast](#)



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