First Office Visit Planner
My partner, friend, or family member was recently diagnosed

| Appt. Date: ___________ | Location: ____________________ |
| Appt. Time: ___________ | Doctor: ________________________ |

Note symptoms or side effects for discussion [issues with appetite, sleep, etc.]

Questions to Ask the Doctor

What can you tell me about the waldenström macroglobulinemia (WM) diagnosis, and what does that mean? __________________________________________

Are there other diagnostic or biomarker tests that would be beneficial? __________________________________________

How do we decide when it is time to treat and which treatment is best? __________________________________________

What are common symptoms associated with WM? Are there complications of that I should be aware of? __________________________________________

Are there any dietary changes that would be beneficial? __________________________________________

Are there activities that my partner should avoid? What can they continue to do? __________________________________________

What is the best way to reach you or your staff if I have questions? __________________________________________

Additional questions/comments/concerns: __________________________________________

My Visit Checklist
- Can you record the audio of the visit?
- Bring supplies to take notes
- Confirm access to patient portal
- Discuss the visit on the way home
- Pamphlets or other printed disease info

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