

Follow-Up Visit Planner

My partner, friend, or family member was recently diagnosed

Appt. Date: _____ Location: _____
Appt. Time: _____ Doctor: _____

Note symptoms or side effects for discussion (issues with appetite, sleep, etc.)



My Visit Checklist

- Can you record the audio of the visit?
- Bring supplies to take notes
- Confirm access to patient portal
- Discuss the visit on the way home
- Pamphlets or other printed disease info



Questions to Ask the Doctor

What are the common symptoms or side effects I should look out for? _____

Are there specific drug interactions I should be considering (foods to avoid, etc.)? _____

What is the treatment schedule and/or frequency of office visits? _____

Are there any dietary changes that would be beneficial? _____

Is there a support staff member that I can meet with (patient navigator, social worker)? _____

Questions for Support Staff

What costs can we expect? _____

How can we reduce costs? _____

What support resources do you recommend (support groups, online resources)? _____

Additional questions/comments/concerns _____
