# Classic Myeloproliferative Neoplasms

- Primary Myelofibrosis (MF)
- Essential Thrombocythemia (ET)
- Polycythemia Vera (PV)

# Treatment Goals That May Affect Therapy Choices

- Delaying progression.
- Providing potential long-term benefits.
- Controlling short-term risks (e.g., blood clots).
- The patient's clinical features (e.g., age, comorbidities).

## Supportive Care Team Members

- **Oncology Psychologist or Psychiatrist**: Professionals that provide emotional and supportive care. They are specially trained in using behavioral approaches and medications to support patients facing cancer, cancer treatment, and cancer survivorship.
- **Oncology Social Worker**: Licensed professionals who counsel people affected by cancer, provide emotional support, and help people access practical care.
- **Patient Navigator**: Staff members that help navigate the healthcare system – by assessing and addressing immediate needs – and that help to plan and provide resources for ongoing support.

## Glossary Terms

**Anemia**: A condition that develops when the body lacks sufficient red blood cells. Symptoms of anemia may include fatigue, weakness, and shortness of breath, among others.

**Bone Marrow Biopsy**: A procedure that involves collecting a small sample of bone marrow, usually from the hip bone, in order to be examined by a laboratory. This procedure is used to confirm an MPN diagnosis and may be used to monitor the disease over time.

**Hematocrit (hct)**: The volume percentage of red blood cells in the blood.

**Interferon Therapy**: A type of therapy that interferes with the ability of viruses to reproduce and also boosts the immune system.

**Shared Decision-Making (SDM)**: Process of communication by which patients and clinicians collaborate to make healthcare decisions. The process encourages patients to take a more active role in their care and treatment.

## MPN Support & Resources

- CancerGRACE
- Cancer Support Community (CSC)
- MPN Research Foundation
- MPN Voice
- National Cancer Institute
- Silver MPN Center
- The Leukemia & Lymphoma Society
- The PAN Foundation

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