

# Building a Relationship With Your Prostate Cancer Healthcare Team

## Members of Your Multidisciplinary Healthcare Team

- **Urologist:** Specializes in the male reproductive organs and can perform prostate cancer surgery.
- **Urologic Oncologist:** Urologist that is specially trained in cancer.
- **Radiation Oncologist:** Specializes in treating prostate cancer with radiation.
- **Medical Oncologist:** Trained in non-surgical prostate cancer approaches.
- **Primary Care Physician:** Practices general medicine and oversees your overall care.

## Tips for Communicating With Your Healthcare Team

1. Make sure everyone on your team is aware of your **care goals**.
2. **Bring someone** to appointments to take notes and to help you understand the information. Make sure to request post-visit summaries to review later.
3. Ensure you have access to your **patient portal** to communicate directly with your team members and to view your medical records.
4. **Speak up.** Your team wants to hear your questions and to know how you are doing.

## Supportive Healthcare Team Members

- **Nurse:** Helps with managing day-to-day issues, symptoms, and side effects.
- **Nurse Navigator:** A nurse who is specially trained to help guide you through your cancer care.
- **Social Worker:** Can help identify support resources for you and your family.
- **Palliative Care Specialist:** Helps with relieving symptoms, pain, and stress-related issues like anxiety and depression.
- **Pharmacist:** Dispenses any prescription medications and informs you of their use and potential side effects.
- **Genetic Counselor:** Helps patients understand their genetic testing options and the potential impact of the results.
- **Caregiver:** Joins appointments and helps communicate with your team, among other roles.
- **YOU:** You are always an integral and active member of your healthcare team.

Learn more:

