

Office Visit Planner

Talking to Your Doctor About Myeloma Treatment Options

My Visit Checklist

- Can you record the audio of the visit?
- Bring a friend or family member to take notes
- Discuss your visit on the way home

Appt. Date: _____ Location: _____
Appt. Time: _____ Doctor: _____

Current Medications / Supplements (include prescribing doctor and dosage)

Current Side Effects and Symptoms _____

Questions to Ask Your Doctor

Are there new or emerging therapies that may be appropriate for my myeloma? _____

What treatment option do you recommend for me and why? _____

What are the potential side effects of this treatment? _____

How is the treatment administered and how long will treatment last? _____

What are my options if treatment stops working? _____

Is there a clinical trial that may be right for me? _____

What is the cost of the treatment? Is financial assistance available if necessary? _____

Who can I contact if I have further questions or concerns? _____
