

THRIVING WITH CLL | TIPS AND SUPPORT FOR NAVIGATING CARE

Program Resource Guide



Common CLL Symptoms May Include:	High-Risk Biomarkers for CLL Include:
<ul style="list-style-type: none"> ▪ Fatigue ▪ Unintentional weight loss ▪ Fever and/or chills ▪ Night sweats ▪ Enlarged spleen and/or lymph nodes 	<ul style="list-style-type: none"> ▪ 11q Deletion ▪ 17p Deletion ▪ TP53 Mutation

Supportive Care Team Members

- **Oncology Psychologist or Psychiatrist:** Professionals that provide emotional and supportive care and are specially trained in using behavioral approaches and medications to support patients facing cancer, cancer treatment, and cancer survivorship.
- **Oncology Social Worker:** Licensed professionals who counsel people affected by cancer, providing emotional support and helping people access practical care.
- **Patient Navigator:** Staff members that help navigate the healthcare system, by assessing and addressing immediate needs, and help to plan and provide resources for ongoing support.

Glossary Terms

Flow Cytometry: Analyzes your blood and bone marrow cells in order to classify the cell types and determine your disease risk as well as appropriate treatment plan.

IGHV Mutation: CLL patients with mutated IGHV may have a longer time to treatment and can have different responses and duration of responses specific to chemotherapy.

MRD (Minimal Residual Disease): Measurement of the number of CLL cells found in the bone marrow of patients in remission after a clinical response to treatment. MRD is relevant as the residual CLL cells may indicate progression or relapse.

Richter’s Transformation: A rare complication of CLL, in which the disease rapidly transforms into a more aggressive type of lymphoma, such as diffuse large B-cell lymphoma (DLBCL).

CLL Educational Resources

- CancerGRACE | cancergrace.org
 Cancer Support Community (CSC) | cancersupportcommunity.org
 Leukemia Research Foundation | leukemiarf.org
 National Organization for Rare Disorders (NORD) | rarediseases.org
 Twist Out Cancer | twistoutcancer.org

Thrive CLL is brought to you by the Patient Empowerment Network. Funding is provided by an unrestricted educational grant from Pharmacyclics, an AbbVie Company, and Janssen Biotech, Inc.

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