## Lung Cancer Resources

- CancerGRACE | cancergrace.org
- Cancer Support Community | cancersupportcommunity.org
- EGFR Resisters | egfrcancer.org
- Lung Cancer Research Foundation | lcrf.org

## Supportive Care Team Members

- **Oncoogy Psychologist or Psychiatrist:** Professionals that provide emotional and supportive care. They are specially trained in using behavioral approaches and medications to support patients facing cancer, cancer treatment, and cancer survivorship.
- **Oncoogy Social Worker:** Licensed professionals who counsel people affected by cancer, provide emotional support, and help people access practical care.
- **Palliative Care:** Specialized medical care focused on relieving pain and symptoms of patients living with a serious illness with the goal of improving quality of life for both the patient and the family.
- **Patient Navigator:** Staff members that help navigate the healthcare system – by assessing and addressing immediate needs – and that help to plan and provide resources for ongoing support.

## Lung Cancer Treatment Options Include

- Surgery
- Radiation Therapy
- Systemic Therapy
  - Chemotherapy
  - Targeted Therapy
  - Immunotherapy
- Understand the stage of your lung cancer.
- Ask about and ensure you undergo molecular testing prior to choosing treatment.
- Seek a second opinion with a specialist.
- Bring a loved one to appointments to ask questions and to take notes.

## Key Advice for Lung Cancer Patients

- Be mindful of the stage of your lung cancer.
- Ask about and ensure you undergo molecular testing prior to choosing treatment.
- Seek a second opinion with a specialist.
- Bring a loved one to appointments to ask questions and to take notes.

### Glossary Terms

- **Biomarker Testing (molecular testing):** Laboratory testing that identifies certain genes, proteins, or other molecules in a sample of tissue, blood or other body fluid. In cancer, it may also be used to evaluate treatment or to make a prognosis.
- **Immunotherapy:** Type of therapy that harnesses one’s own immune system to help the body fight cancer, infection, and other diseases.
- **PD-L1 Expression:** A receptor expressed on the surface of T cells. If PD-L1 is detected, the patient may benefit from immunotherapy.
- **Photon Therapy:** Uses high-energy X-rays to damage the DNA inside cancer cells. Photon therapy is the most common type of radiation therapy.
- **Proton Therapy:** Uses a beam of protons deliver the maximum amount of energy to the tumor.
- **Shared Decision-Making (SDM):** Process of communication by which patients and clinicians collaborate to make healthcare decisions. The process encourages patients to take a more active role in their care and treatment.
- **Stereotactic Body Radiation Therapy (SBRT):** Also known as stereotactic ablative radiotherapy (SABR), precisely targets tumors with very high doses of radiation.
- **Targeted Therapy:** A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

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