FACT OR FICTION?
AML CAUSES AND SYMPTOMS
Program Resource Guide

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<th>KNOWN AML SYMPTOMS</th>
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<td>Dizziness or lightheadedness</td>
<td>Large doses of radiation</td>
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<td>Fatigue</td>
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<td>Rash</td>
<td>Pre-cursor conditions, such as Myelodysplastic Syndrome (MDS)</td>
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<td>Severe anemia</td>
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<td>Shortness of breath</td>
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EXPERT ADVICE FOR NEWLY DIAGNOSED AML PATIENTS

- Give yourself time to grieve. It is normal and appropriate to have a period of grieving for the healthy life you are losing.
- Draw on your support system and allow them to help you.
- Don’t lose hope and be optimistic. There has been an onslaught of new treatments approved.

CREDIBLE ONLINE AML RESOURCES

- LLS.org (Leukemia & Lymphoma Society)
- NCCN.org (National Comprehensive Cancer Center)
- Uptodate.com (UpToDate)

GLOSSARY OF TERMS

**Anemia**: A condition that occurs when a person does not have enough healthy red blood cells or their red blood cells do not function properly. Signs of anemia can include: A pale appearance, feeling dizzy or lightheaded when standing, shortness of breath, weakness and fatigue.

**Benzene**: A colorless, sweet-smelling chemical compound widely found in gasoline and crude oil.

**Gene Mutation**: A permanent change in the DNA sequence that makes up a gene. Changes can occur due to mistakes when the DNA is copied or as the result of environmental factors.

**Hereditary Cancer Syndrome**: Gene changes, or mutations, passed down from parent to child that can increase an individual’s risk of developing cancer.

**Petechial Rash**: A very subtle rash made up of small red dots. The rash is caused by bleeding and occurs when a patient’s platelet count gets very low.

WARNING SIGNS OF A CLINICAL TRIAL SCAM

- The clinical trial has not been reviewed by a regulatory board.
- The doctor is not a leukemia specialist.
- The FDA has not sanctioned the treatment.