

## ● How long has remote monitoring been used for CLL patients?

Though remote monitoring in healthcare is new to many people in the time of COVID-19, it has been used for decades in the care of immunosuppressed cancer patients like those with Chronic Lymphocytic Leukemia (CLL).

## ● Why is remote monitoring used instead of an in-person visit with my CLL specialist?

Remote monitoring is used to minimize the risk of infection for those cancer patients with compromised immune systems, including those with CLL.

## ● Is remote monitoring safe for my CLL care?

Remote monitoring is a safe medical practice when used along with monitoring laboratory bloodwork. Ask your CLL specialist if you have questions about the frequency of your blood tests.

## ● Are CLL patients at increased risk of complications and death from COVID-19?

CLL patients are considered at increased risk of infection with SARS-CoV-2 and complications and death from COVID-19 due to decreased immune function and fragility of their health.

## ● How should I prepare for my remote monitoring visit with my CLL specialist?

Complete the following beforehand to make the most of your visit:

- If necessary, install the video conferencing tool to your computer, tablet, or smartphone. If possible, test the audio and video on your device with a test video call.
- Make a list of questions you have for your doctor to keep on track during the visit.
- Create a list of symptoms and side effects that you've been experiencing or ask a loved one to join the call with you if you don't feel like you can honestly share all of your symptoms and side effects.