

Follow-Up Visit Planner

My partner, friend, or family member was recently diagnosed

Appt. Date: _____ Location: _____
Appt. Time: _____ Doctor: _____

Note symptoms or side effects for discussion (issues with appetite, sleep, etc.)



Questions to Ask The Doctor

What should I know about the treatment plan? _____

What are the common side effects and/or complications with this treatment? _____

Are there medicines or resources for preventing and/or coping with side effects? _____

Are there any dietary or lifestyle changes that could be beneficial? _____

Is there a support staff member that I can meet with (patient navigator, social worker)? _____



Questions for Support Staff

What costs can we expect? How can we reduce costs? _____

What support resources do you recommend (support groups, online resources)? _____

Additional questions/comments/concerns: _____



My Visit Checklist

- ☐ Can audio of the visit be recorded?
- ☐ Be prepared to take notes.
- ☐ Discuss the visit afterwards.
- ☐ Ensure access to online portal.



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