

First Office Visit Planner

My partner, friend, or family member was recently diagnosed

Appt. Date: _____ Location: _____
Appt. Time: _____ Doctor: _____

My Visit Checklist

- Can you record the audio of the visit?
- Be prepared to take notes.
- Discuss the visit afterwards.
- Ensure access to the online portal.

Note symptoms or side effects for discussion (issues with appetite, sleep, etc.)

Classic Myeloproliferative Neoplasms (MPNs)

- Essential Thrombocythemia (ET)
- Polycythemia Vera (PV)
- Myelofibrosis (MF)

Questions to Ask The Doctor

What type of myeloproliferative neoplasm (MPN) has been diagnosed, and what does that mean? _____

Are there additional diagnostic or genetic tests that would be beneficial? _____

What treatment options are available? What are the pros and cons of each? _____

What are common symptoms? Are there complications of MPNs that I should be looking out for? _____

Are there any dietary changes that would be beneficial? _____

Are there activities that my partner should avoid? What can they continue to do? _____

What should I expect financially, and are there resources to help? _____

What is the best way to reach you or your staff if I/we have questions? _____

Additional questions/comments/concerns: _____
