

First Office Visit Planner

I was recently diagnosed / I'm seeking a second opinion

Appt. Date: _____ Location: _____
Appt. Time: _____ Doctor: _____

List of Current Medications / Supplements (include prescribing doctor and dosage)

Current Symptoms _____

Questions to Ask Your Doctor

What type of MPN do I have, and what does that mean? _____

How many MPN patients have you treated? _____

How often should I come in for monitoring? _____

How frequently should I have lab work? _____

Is there other lab work or testing that I should undergo? What about molecular testing? _____

What treatment options are available for me? _____

What are the pros and cons of each option? Side effects? _____

When will I begin treatment? What is the treatment regimen? _____

Is there a clinical trial option that might be right for me? _____

What financial resources are available to me? _____

Additional Questions / Notes: _____

My Visit Checklist

- ☐ Can you record the audio of the visit?
- ☐ Have a friend or family member there to take notes.
- ☐ Discuss your visit after with friend or family member.



Classic Myeloproliferative Neoplasms (MPNs)

- Essential Thrombocythemia (ET)
- Polycythemia Vera (PV)
- Myelofibrosis (MF)