

COLLABORATE | YOU HAVE A ROLE IN YOUR BLADDER CANCER CARE DECISIONS



Program Resource Guide

Engaging in Your Bladder Cancer Care

Collaborate with your healthcare team on bladder cancer care with shared decision-making.

Educate yourself about your bladder cancer.

Bring a **care partner**, such as a friend or family member, to appointments and discuss your decisions with loved ones.

Ask about how your type and stage of bladder cancer may impact your treatment choices, including the options for bladder preservation.

Learn about your available therapies and discuss the potential risks and benefits of each option with your healthcare team, including how your urinary function may be affected.

Inquire how each treatment option may affect your daily life, including your ability to work, travel, and maintain relationships.

Make sure you **understand** and communicate your preferences before making any decisions.

YOU are at the center of your care. You should feel comfortable and confident with your treatment plan before moving forward.

Shared Decision-Making

Shared Decision-Making (SDM) is a process of communication by which **patients and clinicians collaborate** to make healthcare decisions.

The process encourages patients to take a more active role in their care and treatment.

Treatment Considerations

- Stage and grade of bladder cancer
- Risk category
- Other medical conditions
- Patient's location
- Patient's preference

Educational Resources and Support

- American Cancer Society: [cancer.org](https://www.cancer.org)
- Bladder Cancer Advocacy Network: [BCAN.org](https://www.bcan.org)
- International Bladder Cancer Group: [ibcg.info](https://www.ibcg.info)
- World Bladder Cancer Patient Coalition: [worldbladdercancer.org](https://www.worldbladdercancer.org)

Patient Empowerment Network Resources

[\[ACT\]IVATED](#)
[Elevate](#)

[Evolve](#)
[The Bladder Cancer Care Partner Toolkit](#)



Collaborate Bladder Cancer is brought to you by the Patient Empowerment Network. It is sponsored by Astellas Pharma Inc. and Pfizer Oncology, and through generous donations from people like you.