Patient Empowerment Network

5 Things to know about

Taking an active role in CLL care

Patients who take part in care decisions may have better outcomes. Learning about chronic lymphocytic leukemia (CLL), asking questions, and speaking up about your needs can help you feel more confident and involved in your care. Here are five things to know:

1 Learn about your CLL

Understanding your diagnosis can help you feel more prepared. Ask your healthcare team questions about your type of CLL, treatment options, and what to expect during care.



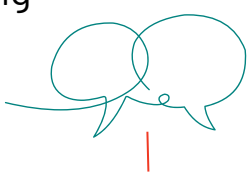
2 Ask questions and speak up

It is okay to ask questions about tests, treatments, side effects, or anything you do not understand. Your voice matters and can help your care team better support you.



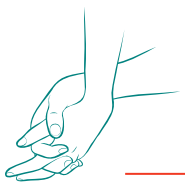
3 Know your treatment options

There may be different treatment choices for CLL. Learning about the benefits and risks of each option can help you make informed care decisions with your healthcare team.



4 Share what matters to you

Tell your healthcare team about your goals, concerns, and daily challenges. Sharing what matters most to you can help create a care plan that fits your needs and lifestyle.



5 Support can make a difference

Care partners, support groups, patient navigators, and advocacy organizations can help you feel more supported during your cancer journey. You do not have to go through CLL alone.

