Patient Empowerment Network

5 Things to know about

Women's health during endometrial cancer care

Endometrial cancer and its treatment can affect many parts of a woman's health, including hormones, fertility, emotional health, and sexual well-being. Learning about these changes can help you feel more informed and supported during your care journey. Here are five things to know:

1 Hormone changes can affect your body

Treatment for endometrial cancer may cause hormone changes that can lead to hot flashes, mood changes, sleep problems, or vaginal dryness. Talk with your healthcare team about ways to help manage these symptoms.



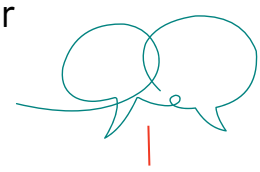
2 Fertility questions are important

Some treatments may affect your ability to have children in the future. If fertility is important to you, ask your healthcare team about possible fertility preservation options before treatment starts.



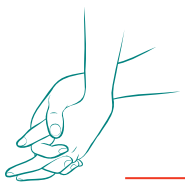
3 Sexual health matters

Cancer treatment can affect intimacy and sexual well-being. Pain, discomfort, or emotional stress can happen during or after treatment. It is okay to ask your healthcare team for support and resources.



4 Emotional wellness is part of your health

Feeling worried, overwhelmed, or emotional during cancer care is common. Support groups, counselors, social workers, and loved ones can help support your mental and emotional health.



5 You deserve support and open conversations

You are an important part of your care team. Asking questions and sharing concerns about your physical and emotional health can help your healthcare team better support your needs and goals.

