## [ACT]IVATED NSCLC | BIOMARKER TESTING CHECKLIST



## **BEFORE YOUR APPOINTMENT(S)**

**Prepare Questions:** Write down any questions/concerns you have about biomarker testing and its significance in NSCLC treatment.

**Research Local Resources:** Identify nearby healthcare facilities that offer biomarker testing services. If you live in a rural area, ask your provider to refer you to a high-volume center with expertise in biomarker testing and precision medicine.

**Check Your Health Insurance Coverage:** Verify your health insurance covers biomarker testing. If not, make a note to discuss other ways to access testing during your appointment with your healthcare provider.

**Bring Medical Information:** Have a list of your current medications, including dosages, and relevant medical records, as well as previous test results, surgeries, and treatment history. This is especially important if anything has changed since your last visit or if you are seeing a new healthcare team member.



**Enlist a Support Person:** Consider bringing a family member or friend to the appointment to provide emotional support and to help remember/note important details discussed during the visit. Carry a notebook for you or your support person (or both of you) to take notes.

**Language Access:** If you're a Latinx patient, ensure that language services (interpreter or bilingual staff) will be available during your appointment. You can call your healthcare provider's office to verify.

## **DURING YOUR APPOINTMENT(S)**

\*Please note: Certain bullets may not be relevant depending where you are in your treatment journey\*



**Understand Your Diagnosis & Testing Options:** Make sure you fully understand your diagnosis, including the stage of lung cancer and the results of any initial screenings/scans, including if you have had any previous biomarker tests. Ask for explanations if needed.



**Discuss Biomarker Testing:** Ask your healthcare provider to explain the biomarker testing procedure. Clarify any uncertainties.

- If you have any cultural or religious considerations, express them openly.
- If your health insurance does not cover biomarker testing, ask your provider if there are patient assistance programs or grants.



**If you receive test results during the appointment:** Ask your healthcare provider to clearly explain the findings. Understand what each biomarker is (there can be up to 11) and what it means for your treatment plan.

- Discuss targeted therapies, immunotherapies, and clinical trials based on your specific biomarkers.
- Inquire about ongoing clinical trials related to your specific biomarkers.
- Understand the benefits and risks associated with a trial.

**Schedule Any Follow-Up Appointments / Referrals:** Coordinate additional appointments or tests. Understand how frequently these should happen and if virtual visits are an option if you live in a rural area.

**Stay Informed and Empowered:** Seek support from advocacy organizations for your specific biomarkers. Continue to learn about biomarkers through reliable sources and patient education programs. Share what you learn with others.

This **[ACT]IVATED** lung cancer resource is brought to you by the **Patient Empowerment Network**. It is made possible through a sponsorship from Amgen and generous donations from people like you.