# **START HERE MYELOMA**

RESOURCE GUIDE | FEATURING DR. SIKANDER AILAWADHI



## PRIORITIES IN EXPANDING MYELOMA TREATMENT LANDSCAPE

#### Relapsed or Refractory Myeloma (RRMM):

- · Adjusting the dose intensity to maintain efficacy while significantly reducing treatment-related adverse effects
- Venetoclax for t(11;14) in relapse (CANOVA trial)
- Utilization and efficacy of CELMoDs
- Customized treatment for patients with rapid progression of myeloma after a treatment (i.e., ADC for aggressive myeloma to avoid wait time for CAR-T)
- Treatment for extramedullary disease (EMD) at relapse

#### **BCMA-Targeted Therapies:**

Identification of most effective sequencing of therapies (i.e. CAR-T therapy before bispecifics)

#### **Bispecific Antibodies (BisAbs):**

- Exploring the efficacy of less frequent or limited-duration treatment with bispecific antibodies
- Maintaining treatment efficacy while significantly reducing treatment-related adverse effects
- Development and exploration of new targets (in addition to BCMA)
- Examining safety and efficacy of TWO bispecifics (simultaneously) for aggressive and/or extramedullary myeloma

#### **CAR-T Therapies:**

- Strategies to manage prolonged cytopenias and treat them
- Increasing duration of response
- Utilization in earlier lines of therapy
- Development and exploration of new targets (in addition to BCMA)

#### **Maintenance Treatment:**

- · Exploring maintenance treatment to have less negative impact on patients' quality of life
- Most effective and customized maintenance treatment, based on "risk" category
- Identifying factors that contribute "stable" disease status in a subset of patients who do not continue with maintenance therapy (which could lead to fewer instances of overtreatment/increased toxicities)
- Limited duration maintenance, with continuous monitoring, including newer (not yet FDA-approved) testing, such as mass spectrometry, after discontinuation of maintenance therapy

## **Treatment Dosing:**

- · Optimizing myeloma drug dosing to minimize adverse events
- Continued examination of "real world" data vs. clinical trial data for outcomes and adverse events with specific therapies

# **EXCITING MULTIPLE MYELOMA CLINICAL TRIALS**

- ASCENT trial
- DREAMM trial
- **IKEMA** trial

MajesTEC trial

- CARTITUDE trial
- GEM2017FIT trial
- KarMMa trial
- MonumenTAL-1 trial

- CENTAURUS trial
- IFM 2018-04 trial
- MagnetisMM trials
- OCTANS trial

- DETERMINATION trial
- ICARIA trial
- MAIA trial

PERSEUS trial

## **MYELOMA EXPERT TIP**

"We know that the average survival of patients is close to about 8-10 years when they look at general U.S. data, but all the large centers who focus on myeloma, we have several patients who are living quite a bit in excess of 10 years. It's important to put that prognosis in perspective with high risk or standard risk disease that can be determined based on mutation testing." - Dr. Sikander Ailawadhi

# NEW TOOLS FOR MYELOMA PROGRESSION & RECURRENCE RESOURCES

- Wearable bolus injector for subcutaneous administration of Isatuximab - intriguing to patients whose schedule (and quality of life [QOL]) may be disrupted by clinic visit for Isa administration
- MSMART risk stratification

- ACCC
- CancerCare
- Cancor Gra
- Cancer Grace
- <u>Family Reach</u><u>International</u>
- Myeloma Foundation
- <u>Multiple Myeloma Research</u> <u>Foundation</u>
- Cancer Support Community
- The Leukemia & Lymphoma Society
  (LLS)
- Triage Cancer