



Preparation



"Make a list of questions that you want answered, because the anxiety that you might feel at the first time of participating might put you a little bit over the top, and you'll forget to ask things that you might otherwise want to know."

Patience



"I think you just have to be patient as far as technology is concerned, until the other people catch up and get comfortable."

List Out Vitals and Medications



"Have a good set of vital signs available for your practitioner. You also need to have a list of medications available for them to confirm your medications. Have a list of issues in general that you'd like to discuss."

Vigilant Care Partner



"I think it's important your care partner picks up on changes, so it can be conveyed to the doctor."

I had an abrasion and it was healing but then there was something else on my thumb, I didn't understand. So my wife took a picture of it and forwarded to my doctor. "

Time Cognizance



"You have to be somewhat cognizant of the fact that time is somewhat of an issue, you're allotted this certain amount of time, you can't just rattle on forever and ever."

Patient-Provider Relationship



"A great relationship is great on telemed or in person!"

"Remember our time spent in the doctor's office once CLL comes into our life is monumental. We spend an awful lot of time with doctors, and I think becoming comfortable with this venue is of utmost importance to all of us." - **Susan Bottega, RN**

"I have a great relationship with my CLL doctor!" - **Bob Bottega**