COULD A CLINICAL TRIAL BE YOUR BEST CANCER TREATMENT OPTION?



Program Resource Guide

Questions to Ask Your Healthcare Team About Clinical Trials

- What risks can I expect from the trial?
- What phase is the trial in?
- Would I be the first to receive this new drug?
- What are the logistics for this trial, e.g. additional expenses, insurance coverage, location, etc.?
- What is it about my disease that makes a clinical trial a consideration?
- Write down your questions for your visits. All questions are important.

Phases of Clinical Trials

- **Phase I**: The goal is to test the safety of the drug, finding the appropriate dose that produces the fewest side effects.
- **Phase II:** Further assesses the safety of the drug and the effectiveness of the treatment.
- **Phase III:** Compares the efficacy of the new treatment to the standard-of-care treatment.
- Phase IV: Study that looks at drugs that have already been approved to get additional safety information and learn more about long-term benefits and side effects.

Our Collaborators

- International Waldenstrom's Macroglobulinemia Foundation (IWMF): iwmf.com
- The Leukemia & Lymphoma Society (LLS): <u>Ils.org</u>
- Leukemia Research Foundation: allbloodcancers.org
- MyHealthTeams: myhealthteam.com
- National Organization for Rare Disorders (NORD): <u>rarediseases.org</u>
- Stand Up To Cancer: standuptocancer.org

Glossary Terms

Double-Blind Study: Clinical trial in which neither the participants nor the researcher knows which intervention participants are receiving until the end of the clinical trial, reducing the likelihood of biased results.

Health Insurance Portability and Accountability Act (HIPAA): A set of national rules that help protect the privacy of a patient's personal medical information, provide patients with access to their medical records, and help people get health insurance for themselves and their family members.

Placebo: An inactive drug or treatment with no therapeutic benefit.

Stem Cell Transplant: Also called a bone marrow transplant, is a procedure in which healthy blood stem cells are used to replace damaged or diseased bone marrow. This procedure can be used to treat certain types of blood cancers.

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