



## Cultural **Competence**

- Focuses on group traits, identity and boundaries
- The individual's cultural view is associated with the group's traditional traits and practices
- >> The individual's cultural view may be taken out of context and unrelated to the individual's situation
- >> The definition refers to the ethnic and racial background of the underrepresented groups
- Can often be viewed as only underrepresented groups following traditions
- >> Can often be viewed as the majority being the norm and other cultures being different
- May contribute to promoting stereotypes
- Knowledge acquired through a defined course or curriculum
- Promotion of competence/expertise

## Cultural Humility



- Focuses on the uniqueness of the individual
- One's cultural view comes from every aspect and contributions of the individual
- One's cultural view can be fluid and change based on the individual's context

Culture definition refers to different combinations of ethnicity, race, age, income, education, sexual orientation, class, abilities, faith and

every other aspect of the individual

>>> Everyone follows traditions

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- >>> Power differences exist and must be recognized and maximized
- Strive to promote respect
- Knowledge acquired as an ongoing life process
- Provides more space to identify biases
- Promotion of humility and flexibility

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