



Cultural Competence

- » Focuses on group traits, identity and boundaries
- » The individual's cultural view is associated with the group's traditional traits and practices
- » The individual's cultural view may be taken out of context and unrelated to the individual's situation
- » The definition refers to the ethnic and racial background of the underrepresented groups
- » Can often be viewed as only underrepresented groups following traditions
- » Can often be viewed as the majority being the norm and other cultures being different
- » May contribute to promoting stereotypes
- » Knowledge acquired through a defined course or curriculum
- » Promotion of competence/expertise



Cultural Humility



- » Focuses on the uniqueness of the individual
- » One's cultural view comes from every aspect and contributions of the individual
- » One's cultural view can be fluid and change based on the individual's context
- » Culture definition refers to different combinations of ethnicity, race, age, income, education, sexual orientation, class, abilities, faith and every other aspect of the individual
- » Everyone follows traditions
- » Power differences exist and must be recognized and maximized
- » Strive to promote respect
- » Knowledge acquired as an ongoing life process
- » Provides more space to identify biases
- » Promotion of humility and flexibility