

DIVERSE PARTNERS IN YOUR MYELOMA CARE



HOW CAN I GET THE BEST MULTIPLE MYELOMA CARE NO MATTER WHERE I LIVE?

Program Resource Guide

IMPORTANT QUESTIONS TO ASK YOUR MYELOMA HEALTHCARE TEAM

- Am I getting the latest myeloma treatment?
 - Are there financial resources to help me with myeloma treatment costs?
 - Am I getting the latest myeloma treatment for my specific BIPOC group or mixed-race group?
 - Are there financial resources specifically for BIPOC patients to help me with treatment costs?
 - Are there any myeloma clinical trials seeking patients from my ethnic background?
 - Is there a financial navigator or social worker who can point me to other support resources for BIPOC patients?
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KEY **PROGRAM** TAKEAWAYS

- African Americans are diagnosed with myeloma at a younger age than other myeloma patients.
 - The presence of the precursor to myeloma, called MGUS, is seen more frequently in African Americans and Hispanic Americans.
 - African Americans and Hispanic Americans receive transplants less often than other myeloma patients.
 - The rates of use for new myeloma drugs are lower for African American patients.
 - African Americans have less aggressive myeloma, which means that they should have slightly better disease outcomes.
 - Stereotypes about African Americans can prevent access to adequate myeloma care.
 - Those with myeloma knowledge need to go to underserved minority communities to provide them with education and resources to improve patient outcomes.
 - Be confident and advocate for yourself or your loved one with the myeloma care team.
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RESOURCES

- [Telemedicine and Second Opinions](#)
- Myeloma Crowd (myelomacrowd.org)
- Diverse Health Hub (diversehealthhub.org)
- Myeloma Coach (myelomacoach.org)
- International Myeloma Foundation (myeloma.org)
- The Leukemia & Lymphoma Society (lls.org)
- Be sure to check out the [Diverse Partners in Your Myeloma Care](#) series