WHAT SHOULD PATIENTS KNOW ABOUT DLBCL TREATMENT AND RESEARCH?

Program Resource Guide

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How Can You Be Empowered in Your DLBCL Care?

- Educate yourself about DLBCL.
- Consider a second opinion or consult with a DLBCL specialist.
- Write down your questions before and during your appointments.
- Understand the goals of treatment and ask whether a clinical trial might be right for you.
- Bring a friend or loved one to your appointments to help you recall information.
- Don’t hesitate to ask questions and to share your concerns. You are your own best advocate.

Glossary Terms

**B Cells:** Part of a person’s immune system that develops from stem cells in the bone marrow.

**Bispecific Antibodies:** Antibodies that bind to two different antigens at the same time. These antibodies are being studied in the treatment of cancer.

**CAR (Chimeric Antigen Receptor) T-Cell Therapy:** Treatment in which the T cells (a type of immune system cell) of a patient are laboratory-altered to attack cancer cells in the body.

**Immunotherapy:** Type of therapy that harnesses one’s own immune system to help the body fight cancer, infection, and other diseases.

**Lymphocyte:** A type of white blood cell that is part of the immune system.

**R-CHOP:** A treatment regimen that includes rituximab, cyclophosphamide, doxorubicin hydrochloride, vincristine sulfate, and prednisone.

**Relapsed Disease:** The disease or symptoms have returned following a period of remission.

**Targeted Therapy:** A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

MORE TOOLS FOR EMPOWERMENT

- Digitally Empowered™
- PEN-Powered Activity Guide
- Empowered Blog
- Empowered! Podcast

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