






THRIVING WITH PROSTATE CANCER: WHAT YOU SHOULD KNOW ABOUT CARE AND TREATMENT

Program Resource Guide



Stages of Prostate Cancer	What Could Impact a Patient's Treatment Options?
<ul style="list-style-type: none"> ▪ Stage I, II, or III Prostate Cancer: The cancer is localized and has not spread outside of the prostate. ▪ Stage IV Prostate Cancer and Beyond: The cancer has spread outside the prostate to other locations, such as the bones, distant lymph nodes, another organ, or place in the body. 	<ul style="list-style-type: none"> ▪ Disease symptoms and previous treatment ▪ Age, lifestyle, and existing health conditions ▪ Patient's preference ▪ Cancer stage and grade ▪ Genomic testing results ▪ Potential treatment side effects
<p style="text-align: center;">Glossary Terms</p> <p>Biomarker Testing (molecular testing): Laboratory testing that identifies certain genes, proteins, or other molecules in a sample of tissue, blood, or other body fluid. In cancer, it may also be used to evaluate treatment or to make a prognosis.</p> <p>Gleason Score: Refers to how abnormal a patient's prostate cancer cells appear and how likely the cancer will advance and spread.</p> <p>Immunotherapy: Type of therapy that harnesses one's own immune system to help the body fight cancer, infection, and other diseases.</p> <p>Prostate-Specific Antigen (PSA): Protein produced by normal, as well as malignant, cells of the prostate gland. The PSA test measures the level of PSA in the blood.</p> <p>Standard of Care: An established guideline that is consensus among experts as the most appropriate and/or effective treatment for a specific type and stage of cancer.</p> <p>Targeted Therapy: A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.</p>	
<p style="text-align: center;">Prostate Cancer Resources</p>	
<ul style="list-style-type: none"> • American Cancer Society: cancer.org • American Urological Association (AUA): auanet.org • CancerGRACE: cancergrace.org • Cancer Support Community: cancersupportcommunity.org 	<ul style="list-style-type: none"> • Facing Our Risk of Cancer Empowered (FORCE): facingourrisk.org • Prostate Cancer Foundation: pcf.org • ZERO - The End of Prostate Cancer: zerocancer.org
<p>MORE TOOLS FOR EMPOWERMENT</p> <ul style="list-style-type: none"> • Digitally Empowered™ • PEN-Powered Activity Guide • Empowered Blog • Empowered! Podcast 	 <p>Thrive Prostate Cancer is brought to you by the Patient Empowerment Network. It is made possible through support from Exelixis, Janssen Oncology, Inc., Merck, and generous donations from people like you.</p>
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