

### MAKING TREATMENT DECISIONS

**Shared Decision-Making (SDM):** Process of communication by which patients and clinicians collaborate to make healthcare decisions. The process encourages patients to take a more active role in their care and treatment.

#### QUESTIONS TO ASK YOUR DOCTOR

- Why might this treatment be best for my AML?
- Are there mutations that may affect my treatment options or prognosis?
- Is there a clinical trial that may be appropriate for me?

#### FACTORS TO CONSIDER

- Overall health and fitness level.
- Presence of mutations or other molecular changes that may impact AML.
- Patient preference: What are your treatment goals?

### TARGETED THERAPY

**Targeted Therapy:** A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

Approved Targeted AML Treatments Include:

- FLT3 inhibitors
- IDH2 inhibitors
- BCL-2 inhibitors

### TAKE ACTION

- Educate yourself about your AML.
- Ask your doctor if you have had essential testing.
- Partner with your healthcare team on care and treatment decisions.
- Include a friend or family member in your appointments.
- Consider a second opinion and/or a consult with an AML specialist.



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[@power4patients](https://twitter.com/power4patients)



[PowerfulPatients.org](https://www.PowerfulPatients.org)

### AML RESOURCES

- **Cancer Support Community**  
[cancersupportcommunity.org](https://cancersupportcommunity.org)
- **Leukemia Research Foundation**  
[allbloodcancers.org](https://allbloodcancers.org)
- **The Leukemia & Lymphoma Society (LLS)**  
[LLS.org](https://LLS.org)
- **KnowAML**  
[know-aml.com](https://know-aml.com)

### GLOSSARY

**Bone Marrow Transplant:** Also called a stem cell transplant, it is a procedure in which healthy blood stem cells are used to replace damaged or diseased bone marrow. This procedure can be used to treat certain types of blood cancers.

**Consolidation Therapy:** Also referred to as post-remission therapy, it is used to prevent leukemia cells from returning. The goal of consolidation treatment is to maintain remission and to prevent relapse.

**Induction Therapy:** First phase of treatment that is meant to induce remission. In AML, the goal of induction therapy is to kill as much of the disease as possible and return blood counts back to normal.

Engage AML is brought to you by the Patient Empowerment Network.

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