

# First Office Visit Planner

*I was recently diagnosed / I'm seeking a second opinion*

## My Visit Checklist

- Can you record the audio of the visit?
- Bring a friend or family member to take notes
- Discuss your visit on the way home

Appt. Date: \_\_\_\_\_ Location: \_\_\_\_\_  
Appt. Time: \_\_\_\_\_ Doctor: \_\_\_\_\_

List of Current Medications / Supplements (include prescribing doctor and dosage) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Questions to Ask Your Doctor

What can you tell me about the status of my waldenström macroglobulinemia (WM), and what does that mean?

\_\_\_\_\_

When will I begin treatment? What do I need to know about the watch-and-wait phase? \_\_\_\_\_

\_\_\_\_\_

How often should I come in for monitoring? \_\_\_\_\_

What tests do you recommend that I have? \_\_\_\_\_

\_\_\_\_\_

What are the goals of treatment? \_\_\_\_\_

\_\_\_\_\_

What treatment options are available for me? \_\_\_\_\_

\_\_\_\_\_

What are the pros and cons of each option? Side effects? \_\_\_\_\_

\_\_\_\_\_

Is there a clinical trial option that might be right for me? \_\_\_\_\_

\_\_\_\_\_

What financial resources are available to me? \_\_\_\_\_

\_\_\_\_\_

Additional questions / notes \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_