

Collaborating With Your Doctor on Your Prostate Cancer Care Plan

Be open with your care team about what's important to you and be clear with your goals, including life plans and personal commitments.

Factors That May Impact Treatment Decisions Include:

- Your age and overall health, including any existing conditions that you may have.
- Disease-related symptoms.
- The stage and grade of your prostate cancer and whether you need to be treated right away.
- Test results, including genomic testing.
- Potential short-term and long-term side effects.

Genomic testing identifies the presence of genetic mutations in the cancer and may inform how your cancer will behave.

Take a Proactive Role in Your Care

- Talk with close family members and friends about your options.
- Consider a second opinion to help confirm your approach.
- Ask your doctor which approach they feel is best for you and why.
- Ask your healthcare team for resources available to you, including financial help and emotional support, when making decisions.
- Visit advocacy group websites that have information about treatment options, to help you understand what's available.

Remember, there is no one-size-fits all approach, and what works for one person may not work for you.

Visit PowerfulPatients.org/PC for videos, office visit planners, resources, and more on advanced prostate cancer.

Learn more:



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