

What You Should Know About Clinical Trials

What Is a Clinical Trial?

Clinical trials are research studies in people who have a specific condition, or are healthy volunteers, to help find new ways to treat diseases – like prostate cancer. Most clinical trials examine the safety and efficacy of medicines, vaccines, and other medical treatments.

Clinical trials are the main path for cancer treatments to be approved. The U.S. Food and Drug Administration (FDA) requires that all new medicines and treatments go through the clinical trial process before they are approved.

Standard of Care: An established guideline that is consensus among experts as the most appropriate and/or effective treatment for a specific type and stage of cancer.

Questions to Ask Your Doctor About Clinical Trials

- What trials are available to me?
- Is there a clinical trial that you would recommend for me? Why?
- What are the possible risks and advantages of participating in this clinical trial?
- Are there costs associated with the trial, and will my health insurance help cover costs? And if not, is there financial assistance available?
- Where is the trial being conducted?
- Is there a clinical trial available to me in my local community? If the trial isn't nearby or convenient, is there transportation and/or housing assistance?

Resources for Clinical Trial Information

- Clinicaltrials.gov: [Clinicaltrials.gov](https://clinicaltrials.gov)
- The Prostate Cancer Foundation: [pcf.org](https://www.pcf.org)
- The Prostate Cancer Research Institute: [pcri.org](https://www.pcri.org)
- The Prostate Health Education Network: [prostatehealth.org](https://www.prostatehealth.org)
- This Is Living With Cancer: [thisislivingwithcancer.com](https://www.thisislivingwithcancer.com)
- ZERO-The End of Prostate Cancer:

Visit powerfulpatients.org/PC for office scripts, resource guides and more.

Learn more:



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