## **First Office Visit Planner**

I was recently diagnosed / I'm seeking a second opinion

Appt. Date: \_\_\_\_\_ Location: \_\_\_\_\_ Appt. Time: \_\_\_\_\_ Doctor: \_\_\_\_\_





Can you record the audio of the visit? Bring a friend or family member to take notes

Discuss your visit on the way home

List of Current Medications / Supplements (include prescribing doctor and dosage) Current Side Effects and Symptoms\_\_\_\_\_

\_\_\_\_\_

## Questions to Ask Your Doctor

What type of bladder cancer, do I have and what is the stage? \_\_\_\_\_

How many patients with bladder cancer have you treated?

How often should I come in for monitoring? \_\_\_\_\_

What tests do you recommend that I have? \_\_\_\_\_

What are the goals of treatment? \_\_\_\_\_

What treatment options are available for me?

What are the pros and cons of each option? Side effects? \_\_\_\_\_

Is it important to start treatment immediately? If not, why?\_\_\_\_\_

Is there a clinical trial option that might be right for me?\_\_\_\_\_

What financial resources are available to me? \_\_\_\_\_

Additional guestions / notes \_\_\_\_\_