## NAVIGATING TREATMENT DECISIONS

## The Pro-Active DLBCL Patient Toolkit



Have you been diagnosed with <u>diffuse large B-cell</u> <u>lymphoma (DLBCL)</u>?

NO

It's important that you receive an accurate diagnosis and <u>understand DLBCL</u>.

YES

Do you know the <u>stage</u> and <u>subtype</u> of your DLBCL?

NO

Understanding your diagnosis — including the stage and subtype — is important so that you can find out what treatments are available to you.

YES

Do you understand your treatment options?

NO

DLBCL is typically treated with a regimen that combines chemotherapy and a monoclonal antibody. If a patient doesn't respond to initial treatment or relapses, then several other options are considered, including:

- Alternative chemotherapy
- Stem cell transplant
- Targeted treatment
- CAR T-cell therapy
- Clinical trials

Have you had biomarker testing?

YES

NO

Before you start any treatment, it's essential to ask your doctor if you have had biomarker testing, which is used to identify specific mutations that are unique to your DLBCL. This may help in guiding your prognosis and treatment options.

YES

Have you discussed your treatment goals and options with your doctor?

NO

Once you understand the treatments that are available to you, it's time to talk to your doctor about the risks and benefits of each option and to walk through the goals of your treatment.

Understanding a treatment's course, including potential side effects and the impact on your other health conditions and lifestyle, is crucial.

YES

How can you take action?

- Make sure you understand the stage and grade of your DLBCL and goals of treatment.
- Consider a consultation with a DLBCL specialist.
- Ask about biomarker testing and what test results mean for you.
- Visit credible online resources to stay up to date on DLBCL information.
- Visit powerfulpatients.org/DLBCL.