NAVIGATING TREATMENT DECISIONS ENGAGE | PROSTATE CANCER



Have you been diagnosed It's important that you receive an accurate diagnosis NO with prostate cancer? and understand prostate cancer. YES Understanding your diagnosis — including the stage Do you know the stage and NO and grade of disease — is important so that you can grade of your prostate cancer? find out what treatments are available to you. YES Depending on your stage and type of prostate cancer, treatments can include: Do you understand your NO --Observation treatment options? --Hormone therapy --Surgery --Cryotherapy -- Targeted therapy --Radiation therapy --Chemotherapy --Immunotherapy --Clinical trials YES Or, you may receive a combination of one or more of these treatments. Have you had biomarker Before you start any treatment, it's essential to ask your NO testing? doctor if you have had biomarker testing, which is used to identify specific mutations that are unique to your prostate cancer. This may help in deciding if targeted YES therapies are an appropriate option for you. Have you discussed your treatment goals and

Once you understand the treatments that are available to you, it's time to talk to your doctor about the risks and benefits of each option and to walk through the goals of your treatment.

Understanding a treatment's course, including potential side effects and the impact on your other health conditions and lifestyle, is crucial.

- Make sure you understand the stage and grade of your prostate cancer and goals of treatment.
- Consider a consultation with a prostate cancer specialist.
- Ask about biomarker testing and what test results mean for you.

NO

- Visit credible online resources to stay up to date on prostate cancer information.
- Visit <u>powerfulpatients.org/prostatecancer</u>.

options with your doctor?

YES

How can you take action?