Signs It May Be Time to Treat CLL

- Low blood counts
- Bulky or symptomatic lymph nodes
- Spleen enlargement or symptoms
- Constitutional symptoms

Common CLL Symptoms May Include

- Fatigue
- Unintentional weight loss
- Fever and/or chills
- Night sweats
- Enlarged spleen and/or lymph nodes

Engage in Your Care

- Understand and **articulate the goals** of your CLL treatment plan.
- **Learn about your options** and weigh the pros and cons of each approach.
- **Bring a friend or loved one** to your appointments.
- **Ask about essential testing** and how it may impact your treatment options.
- **Consider a second opinion** or a consult with a CLL specialist.

Glossary Terms

**FCR:** A chemotherapy regimen that includes fludarabine, cyclophosphamide, and rituximab.

**IGHV Mutation:** CLL patients with mutated IGHV may have a longer time to treatment and can have different responses and duration of responses specific to chemotherapy.

**MRD (Minimal Residual Disease):** Measurement of the number of CLL cells found in the bone marrow of patients in remission after a clinical response to treatment. MRD is relevant as the residual CLL cells may indicate progression or relapse.

**Relapse:** The return of a disease or the signs and symptoms of a disease after a period of improvement.

**Richter’s Transformation:** A rare complication of CLL, in which the disease rapidly transforms into a more aggressive type of lymphoma, such as diffuse large B-cell lymphoma (DLBCL).

**Targeted Therapy:** A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

**Watchful Waiting (or Active Surveillance):** The period of time before treatment begins in which a patient is monitored for disease progression and symptoms.

**CLL Educational Resources**

- AceCancer: acecancer.com
- CancerGRACE: cancergrace.org
- Cancer Support Community: cancersupportcommunity.org
- CLL Society: cllsociety.org
- The Leukemia & Lymphoma Society: LLS.org
- Leukemia Research Foundation: leukemiarf.org

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