

THRIVING WITH PROSTATE CANCER: TOOLS FOR NAVIGATING CARE AND TREATMENT

Program Resource Guide



Advanced Prostate Cancer Treatments Include:	Emerging Prostate Cancer Treatments Include:
<ul style="list-style-type: none"> ▪ Hormonal therapy ▪ Chemotherapy ▪ Radiopharmaceuticals ▪ Immunotherapy ▪ Targeted therapies ▪ Clinical trials 	<ul style="list-style-type: none"> ▪ PI3K inhibitors ▪ AKT inhibitors ▪ CDK46 inhibitors ▪ Antigen receptor degraders ▪ Immunotherapy: <ul style="list-style-type: none"> ▪ Oncolytic viruses ▪ Bi-specific antibodies ▪ CAR T-cell therapy

Glossary Terms

Biomarker Testing (molecular testing): Laboratory testing that identifies certain genes, proteins, or other molecules in a sample of tissue, blood, or other body fluid. In cancer, it may also be used to evaluate treatment or to make a prognosis.

Gleason Score: Refers to how abnormal a patient’s prostate cancer cells appear and how likely the cancer will advance and spread.

Immunotherapy: Type of therapy that harnesses one’s own immune system to help the body fight cancer, infection, and other diseases.

Palliative Care: Specialized medical care focused on relieving pain and symptoms of patients living with a serious illness. Palliative care aims to improve the quality of life for both the patient and the family.

Prostate-Specific Antigen (PSA): Protein produced by normal, as well as malignant, cells of the prostate gland. The PSA test measures the level of PSA in the blood.

Standard of Care: An established guideline that is consensus among experts as the most appropriate and/or effective treatment for a specific type and stage of cancer.

Targeted Therapy: A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

Prostate Cancer Resources	Questions to Ask About a Clinical Trial
<ul style="list-style-type: none"> ▪ CancerGRACE: cancergrace.org ▪ Cure: curetoday.com ▪ Facing Our Risk of Cancer Empowered (FORCE): facingourrisk.org ▪ ZERO - The End of Prostate Cancer: zerocancer.org 	<ul style="list-style-type: none"> ▪ Is the trial randomized, or is there a placebo? ▪ What is the goal of the trial? ▪ What is the science and clinical data behind this treatment approach? ▪ Could this treatment become the standard of care? ▪ Why am I a good candidate for this approach?

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