



CAR T-CELL THERAPY CARE PARTNERS: WHAT DO YOU NEED TO KNOW ABOUT THE PROCESS?

Program Resource Guide

Advice for Care Partner Self-Care	Questions for the Healthcare Team
<ul style="list-style-type: none"> Recognize when you are feeling stressed. Reach out to friends and family for support. Arrange for in-home support. Take advantage of the time when the patient is being monitored in the clinic. 	<ul style="list-style-type: none"> What side effects should I be monitoring for? Who should I report side effects to, and what is their contact information? What other information do I need to know?
CAR T-Cell Therapy Team Members	CAR T-Cell Therapy Process Overview
<ul style="list-style-type: none"> Care coordinators Dieticians Financial coordinators Nurses Physicians Social worker 	<ul style="list-style-type: none"> Confirm patient eligibility. Patient consent and review of care plan, including side effects, risks, and benefits. Collection of T cells. Manufacture of CAR T cells. Potential bridge therapy. Lymphodepleting chemotherapy. Manufactured CAR T cells are infused into patient.
Glossary Terms	
<p>Immunotherapy: Type of therapy that harnesses one’s own immune system to help the body fight cancer, infection, and other diseases.</p> <p>CAR (Chimeric Antigen Receptor) T-Cell Therapy: Treatment in which the T cells (a type of immune system cell) of a patient are laboratory-altered to attack cancer cells in the body.</p> <p>Cytokine Release Syndrome (CRS): Occurs when the immune system responds to infection or immunotherapy drugs more aggressively than it should. Symptoms include fever, nausea, fatigue, and body aches.</p> <p>Neurotoxicity: The tendency of some treatments to cause damage to the nervous system. These neurologic adverse events that may cause confusion, delirium, difficulty with communication, headache, impaired motor skills, seizure, or tremors.</p>	
Educational Support and Resources	Where Can Care Partners Get Support?
<ul style="list-style-type: none"> CancerGRACE: cancergrace.org Cure: curetoday.com The Leukemia & Lymphoma Society (LLS): LLS.org Leukemia Research Foundation: leukemiarf.org Lymphoma Research Foundation: lymphoma.org MyHealthTeam: myhealthteam.com 	<ul style="list-style-type: none"> Psychosocial healthcare team members, including social workers Support groups and other care partners Patient advocacy groups CAR T-cell manufacturers Social media support groups

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