

## Advice for Accessing the Best AML Care

- Be sure to **educate yourself** about AML.
- Understand and **participate in treatment decisions**. Share your personal preferences when choosing therapy.
- **Communicate regularly with your healthcare team**. Don't wait to share information only when you have an appointment.
- Utilize your **whole healthcare team**. Nurses, nurse practitioners, social workers, and others, are all there to help you.
- **Use your patient portal**. The messaging feature allows you to communicate with your healthcare team and you can also view lab and test results.
- **Bring a friend or loved one to appointments** and write down any questions or concerns in advance.

## Questions to Ask About AML Treatment Plan

- How is the treatment administered, and how often will I need treatment?
- What are the potential side effects of the treatment?
- How will the effectiveness of the treatment be monitored?
- And, what are options if this treatment doesn't work for me?
- Is there a clinical trial that might be right for me?

## Glossary

**Consolidation Therapy:** Treatment that is given after cancer has disappeared following the initial therapy. Consolidation therapy is used to kill any cancer cells that may be left in the body.

**Genetic Testing (molecular profiling or biomarker testing):** Laboratory testing that identifies certain gene mutations, proteins, chromosomal abnormalities, and/or other molecular changes that are unique to an individual's disease. In cancer, it may be used to evaluate treatment or to make a prognosis.

**Induction Therapy:** First phase of treatment that is meant to induce remission. In AML, the goal of induction therapy is to kill as much of the disease as possible and return blood counts back to normal.

**Stem Cell Transplant:** A procedure, also called a bone marrow transplant, in which healthy blood stem cells are used to replace damaged or diseased bone marrow. This procedure can be used to treat certain types of blood cancers.

**Targeted Therapy:** A type of personalized medicine that works by blocking specific mutations and by preventing cancer cells from growing and dividing, without affecting normal cells.

## AML Resources

### CURE

**Cancer Support Community**

**Cancer Grace**

### MyHealthTeam

**Leukemia Research Foundation**

**The Leukemia & Lymphoma Society (LLS)**

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