

About CAR T-Cell Therapy

CAR (Chimeric Antigen Receptor) T-cell therapy is a treatment in which the T cells (a type of immune system cell) of a patient are laboratory-altered to attack cancer cells in the body.

Questions to Ask When Considering CAR T-Cell Therapy

- Am I a candidate?
- What are the risks and benefits?
- Are there alternatives?
- Is the timing right for me?
- What side effects may I expect?
- What is the cost?
- Is there a CAR T therapy center near me for continued care and monitoring?

Myeloma Care Team Members

- Myeloma Specialists (Hematologists)
- Nurse Practitioners
- Nurses
- Transplant and CAR T Coordinators
- Patient Navigators
- Social Workers

Managing Your Emotional State

- Speak up. Share changes in your mood with your healthcare provider.
- Consider seeing a mental health professional.
- Join a support group or find peer support.

FDA-Approved Myeloma CAR T-Cell Therapies

Ciltacabtagene autoleucel (Carvykti): Also referred to as Cilta-cel, FDA-approved CAR T-cell therapy for adults with relapsed or refractory multiple myeloma who have already received four or more lines of therapy.

Idecabtagene vicleucel (Abecma): Also referred to as Ide-cel, FDA-approved CAR T-cell therapy for people with relapsed or refractory multiple myeloma who have already received four or more lines of therapy.

Potential CAR T-Cell Therapy Side Effects

Cytokine release syndrome (CRS): Occurs when the immune system responds to infection or immunotherapy drugs more aggressively than it should. Symptoms include fever, nausea, fatigue, and body aches.

Neurotoxicity: The tendency of some treatments to cause damage to the nervous system. These neurologic adverse events may cause confusion, delirium, difficulty with communication, headache, impaired motor skills, seizure, or tremors.

Weakened immune system and low blood cell counts: May increase the possibility of infections, fatigue, and bruising or bleeding

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