

ADVANCED PROSTATE CANCER: HOW TO ACCESS THE BEST CARE AND TREATMENT FOR YOU



Program Resource Guide

Stages of Prostate Cancer	Advanced Prostate Cancer Symptoms May Include
<ul style="list-style-type: none"> Stage I, II, or III prostate cancer: The cancer is localized and has not spread outside of the prostate. Stage IV prostate cancer and beyond: The cancer has spread outside the prostate to other locations, such as the bones, distant lymph nodes, another organ, or place in the body. 	<ul style="list-style-type: none"> Urinary symptoms, such as urinary frequency, feeling of incomplete emptying or weak urinary flow. Bone pain, commonly in the spine, back, or pelvis. Heightened risk of fracture. Blood clots and/or lower extremity swelling. Kidney disfunction. Fatigue and/or general malaise.

Glossary Terms

Biomarker Testing (molecular testing): Laboratory testing that identifies certain genes, proteins, or other molecules in a sample of tissue, blood, or other body fluid. In cancer, it may also be used to evaluate treatment or to make a prognosis.

Immunotherapy: Type of therapy that harnesses one’s own immune system to help the body fight cancer, infection, and other diseases.

Microsatellite Instability (MSI): The presence of MSI may help determine a treatment plan.

Mismatch Repair Deficiency: An inability to correct DNA replication errors, leading to an increased cancer risk.

Metastatic Castration-Resistant Prostate Cancer (mCRPC): The cancer has spread beyond the prostate, and it is resistant to treatments that lower the amount of male sex hormone in a patient’s body.

PARP Inhibitors: A type of targeted treatment that inhibits the enzyme poly (ADP-ribose) polymerase.

Prostate-Specific Antigen (PSA): Protein produced by normal, as well as malignant, cells of the prostate gland. The PSA test measures the level of PSA in the blood.

PSMA-Targeted Imaging: Prostate-specific membrane antigen imaging.

Prostate Cancer Resources	What Helps Understand a Patient’s Disease?
<ul style="list-style-type: none"> American Urological Association (AUA): auanet.org CancerGRACE: cancergrace.org Cure: curetoday.com FORCE: facingourrisk.org ZERO - The End of Prostate Cancer: zerocancer.org 	<ul style="list-style-type: none"> Biopsy Gleason score Prostate-specific antigen (PSA) MRI Bone scan CAT scan PSMA PET scan

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