

Advice for Care Partners

- Make a list of questions prior to appointments.
- Ask your healthcare team member for further clarification, if necessary.
- Organize and keep track of schedules, supportive care medications, appointments, and follow-ups.
- Take notes during office visits.

Members of the Healthcare Team

- Medical oncologist
- Local healthcare team
- Nurses
- Infusion nursing team
- Pharmacists

What Happens Following Step-Up Dosing?

- Patients are closely monitored for reactions.
- Vital signs and lab work are checked daily.
- Mental function is evaluated.
- Ongoing communication with healthcare team.
- Schedule is set up for moving forward.

Glossary Terms

Anemia: A condition that develops when the body lacks sufficient red blood cells. Symptoms of anemia may include fatigue, weakness, and shortness of breath, among others.

Bispecific T-Cell Engagers (BiTE) or Bispecific Antibodies: Class of bispecific monoclonal antibodies that harness the power of the immune system to treat myeloma by binding to two different antigens at the same time.

Cytokine Release Syndrome (CRS): Occurs when the immune system responds to infection or immunotherapy drugs more aggressively than it should. Symptoms include fever, nausea, fatigue, and body aches.

Immunomodulatory therapies (iMiDs): Group of drugs that treat myeloma by modifying the response of the immune system by increasing or decreasing the production of serum antibodies.

Intravenous immunoglobulin (IVIG): Antibodies given intravenously to help support the immune system and to prevent infections.

Proteasome inhibitor: Therapy that targets cancer cells by blocking the breakdown of proteins by the proteasome. Without functioning proteasomes, proteins build up and kill the myeloma cells.

Monoclonal antibodies (mAb): Proteins made in a laboratory meant to stimulate the immune system to fight a particular disease or infection.

Educational Resources

CancerGRACE: cancergrace.org

Cure: curetoday.com

The Leukemia & Lymphoma Society: [LLS.org](https://lls.org)



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