

Advice for Accessing Personalized Care

- Consider seeking care with a gynecological cancer specialist who has experience treating endometrial cancer.
- Ask your doctor about the type and stage of your endometrial cancer to help guide your care decisions.
- Make sure you have undergone all essential testing, including biomarker testing, and ask how the results may affect your prognosis and treatment options.
- Review and understand all of the therapies available to you, including clinical trials.
- Before making a treatment decision, discuss the pros and cons of each option with your doctor and a care partner, such as a family member or friend.
- Remember, you are at the center of care decisions, don't hesitate to voice your concerns and to ask questions.

What Is Shared Decision-Making?

Shared Decision-Making (SDM): Process of communication by which patients and clinicians collaborate to make healthcare decisions.

The process encourages patients to take a more active role in their care and treatment.

What Is Biomarker Testing?

Biomarker Testing (molecular testing): Laboratory testing that identifies certain genes, proteins, or other molecules in a sample of tissue, blood, or other body fluid. In cancer, it may also be used to evaluate treatment or to make a prognosis.

Glossary

Biomarker: Measurable substances found in the blood, urine, or tissues of some people with cancer. Biomarkers may also refer to mutations, changes, or patterns in a tumor's DNA.

CA-125 (Cancer antigen 125) Test: Looks for high levels of CA-125, which could be a sign of endometrial cancer.

Immunotherapy: Type of therapy that harnesses one's own immune system to help the body fight cancer, infection, and other diseases.

Lynch syndrome: An inherited condition that is linked to an increased risk of developing cancer.

PARP inhibitors are a type of targeted therapy that target poly (ADP-ribose) polymerase, a protein in cells.

Endometrial Cancer Resources

- [American Cancer Society](#)
- [The Foundation for Women's Cancer](#)
- [FORCE \(Facing Our Risk of Cancer Empowered\)](#)
- [SHARE Cancer Support](#)
- [The Society of Gynecologic Oncology](#)

About Insist! Endometrial Cancer

Insist Endometrial Cancer is brought to you by the Patient Empowerment Network. It is sponsored by GSK and through generous donations from people like you.



www.powerfulpatients.org