



# Patient-Centered Cancer Care

## »» Tailor Care Plans to Patients' Cultural and Individual Needs:

- **Cultural Insights:** Understand patients' cultural backgrounds, beliefs, and values.
- **Language Considerations:** Address language barriers to enhance communication.
- **Customized Treatment Plans:** Tailor care to individual patients' preferences and practices.
- **Cultural Humility Training:** Equip yourself with skills to navigate diverse backgrounds and needs.

## »» Involve Patients in Decision-Making Processes:

- **Shared Decision-Making (SDM):** Collaborate with patients and care partners on treatment choices.
- **Patient Preferences:** Seek input and respect patients' values and priorities.
- **Educational Discussions:** Explain options, risks, and benefits clearly.
- **Empowerment:** Encourage patients and care partners to actively participate in their care.

## »» Consider Cultural Factors in Treatment Adherence:

- **Health Literacy:** Assess patients' understanding of treatment instructions.
- **Cultural Beliefs:** Recognize how cultural norms impact adherence.
- **Social Support:** Involve care partners, friends, and community in adherence strategies.
- **Addressing Disparities:** Mitigate barriers related to race, ethnicity, and socioeconomic status.

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