HOW CAN TECHNOLOGY HELP YOU BECOME AN EMPOWERED PATIENT?: RESOURCE GUIDE

WHAT IS THE GOAL OF THE DIGITALLY EMPOWERED PROGRAM?

To help you become tech-savvy, so that you can access tools and resources that could be helpful in your overall care.

YOUR PATH TO COMPLETING THE DIGITALLY EMPOWERED COURSE

1

Watch the Video Lessons
View each short video lesson to learn a digital skill that could help improve your health literacy. Our digital tutors, Carmen and Quincy, will teach you how to utilize digital tools that support and educate you.

2

Download the Resource Guides
For each video lesson, download the resource guide to view or print. The guides emphasize key points from the videos and provide additional details and tools.

3

Take the Quizzes
At the end of each video, you will be prompted to take a quiz to test your knowledge to make sure you retain your skills.

4

Complete the Course
After you have viewed all of the videos, you will be asked to submit your contact information to stay informed about additional educational programming and to receive a certificate of completion.

5

Put Your Skills to Use!
Now that you are armed with tech skills, use what you have learned to help become an educated and empowered patient.

WHAT IS THE PATIENT EMPOWERMENT NETWORK (PEN)?

The mission of PEN is to empower cancer patients and care partners with the knowledge and tools to boost their confidence, put them in control of their healthcare journey, and assist them in receiving the best, most personalized care available. Learn more at powerfulpatients.org.