



Shared Decision Making Checklist

Shared decision-making (SDM) is a method of care that involves collaborative conversations with your care team. Through SDM, learn how you can play a key role in making decisions and implementing plans of care for yourself or a loved one facing a small cell lung cancer diagnosis.

Ask questions to your healthcare provider (HCP) about your diagnosis, treatment options, and any concerns you may have. Write down questions in advance to ensure you don't forget during appointments.

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Keep a journal to record your symptoms, medication management and side effects. This will help you track progress and communicate effectively with your HCP.

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Don't be afraid to ask your HCP to explain medical terms or abbreviations used in small cell lung cancer (SCLC) treatment. They should also be able to provide you with education tools like decision-making aids, brochures, or videos.

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Bring a support person to your appointments to serve as a second set of ears and to help make sure you understand all information accurately.

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Ask your doctor if they have had in any training or have done research related to Diversity, Equity and Inclusion (DEI), Cultural Competence, Implicit Bias, or Social Determinants of Health (SDOH).

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If not offered, request for language interpretation services if you or your loved one are more comfortable speaking in a different language.

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Ask your doctor if they take a collaborative approach to treatment decision-making that respects your cultural values and preferences.

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To do your part to minimize clinical racial disparities and to get access to tomorrow's medicines today, discuss if you can participate in a clinical trial and what support resources can be provided to help you participate.

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If it's easier to get an appointment at your community/local cancer center than to see a lung cancer specialist at an academic/large cancer center, request that your care team can consist of both and they can share medical records/updates with each other.

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Rethink your care team. You can have a community health worker or nurse navigator serve as a mediator between you and your primary care team, if helpful.

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[SOURCE](#)

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