

## **TELEMEDICINE & SECOND OPINION OPTIONS**

When making choices for your treatment plan, you should fully informed, comfortable, and in agreement with how you want to proceed. If time permits, consider getting a second opinion (and perhaps a third) if you are not crystal clear on what you want to do. More and more institutions are implementing telemedicine into their offerings. A telemedicine consult can give you and your care team access to some of the best experts to get input on your care plan, regardless of location. In the past it was often cost prohibitive or impractical to travel to these centers.

To get started, discuss your desire for a second opinion with your oncologist. They should welcome the additional expert insight into your condition, can often help facilitate an introduction and get the necessary records, test results, and biopsy slides sent to the expert. Sometimes you have to request the records or slides yourself, so be prepared to do a little work. Getting additional opinions on your treatment options should give you confidence to make the best choice for you.

Below is a list of some of the National Comprehensive Cancer Network centers Member Institutions that offer telemedicine resources.

<u>Abramson Cancer</u> Center Penn Medicine (215) 316-5145 Philadelphia, PA

City of Hope National Medical Center (888) 319-6267 Duarte, CA

Fox Chase Cancer Center (888) 369-2427 Philadelphia, PA <u>Huntsman Cancer</u> Institute (801) 585-3090 Salt Lake City, UT

Fred Hutchinson Cancer Research Center (206) 667-4415 Seattle, WA

<u>Moffitt Cancer Center</u> 1-888-663-3488 Tampa, FL

Roswell Park Cancer Center 1-800-767-9355 Buffalo, NY

Stanford Cancer <u>Institute</u> (650) 498-9000 Stanford, CA

<u>James</u> **Comprehensive** Cancer Center: OSU 1-800-293-5066 Columbus, OH

**Memorial Sloan Kettering Cancer Center** (212)639-2000 New York, NY

O'Neal Comprehensive University of Colorado UC San Diego Moores UCSF Health Cancer Center | UAB 800-UAB-8816 Birmingham, AL

Cancer Center (720) 848-9264 Aurora, CO

Cancer Center (800) 926-8273 San Diego, CA

(888) 689-8273 San Francisco, CA

University of Chicago Medicine (773) 702-1000 Chicago, IL

University of Wisconsin Vanderbilt-Ingram Carbone Cancer Center Cancer Center (608) 720-6111 Madison, WI

(615) 322-5000 Nashville, TN

Yale Cancer Center (203) 785- 2140 New Haven, CT

**UCLA Johnson Comprehensive** Cancer Center (310) 825-5111 Los Angeles, CA